# SCHOOL START TIME COMMITTEE

NOVEMBER 6, 2014

- Mission
- Every Student will graduate career and college ready and become a productive, responsible citizen.



Engage Encourage Empower

#### WHO IS HERE?

- PARENTS
- STUDENTS
- BUSINESS LEADERS
- CHILD CARE PROVIDERS
- ADMINISTRATORS
- TEACHERS
- COACHES
- CURRICULUM REPS

#### **ADVISORS**

- TRANSPORTATION
- MEDICAL

#### WHY LOOK AT START TIMES

- STUDENT ACHIEVEMENT
- RESEARCH AND RECOMMENDATIONS
- SCHOOL BOARD RESOLUTION (October 7, 2014)

It is the goal of Montgomery County Public School Board to achieve middle and high school start times after 8:30 ....and elementary start times after 7:40.

#### RESEARCH

SECONDARY – Extensive research supporting later start times:

National Institutes of Health (NIH)

Centers for Disease Control (CDC)

American Academy of Pediatrics (APA)

National Sleep Foundation (NSF)

## SLEEPING IN GOOD FOR TEENS?





Sources: National Sleep Foundation, Eaton, et. al. (2010, April), National Center for Education Statistics (n.d.), Calamaro, Mason, & Ratcliffe (2009, June). For a full list of references, visit www.ascd.org/eu0414wakeup.

SOURCE: Sarah McKibben. "Wake Up Call." ASCD Education Update April 2014; 56(4): 1, 6-7.

#### **ELEMENTARY**

#### Less Research

- Hanover Research suggest elementary may start early without negatively affecting student achievement
- Center for Applied Research earlier elementary start times primarily positive, negatives were attendance/tardies
- University of Kentucky early start times associated with worse performance in more affluent districts, schools with more disadvantaged students later start times did not make a difference.

### WHAT WILL WE DO

- REVIEW RESEARCH -
- DEVELOP OPTIONS—
- PROVIDE INFORMATION TO INFORM STAKEHOLDERS-
- DETERMINE SURVEY METHODS – PARENTS, TEACHERS, STUDENTS –
- OFFER OPPORTUNITY FOR PUBLIC COMMENT -
- RECOMMENDATION FOR THE BOARD-

NOVEMBER

ONGOING

- ADMINISTER IN DECEMBER
- PUBLIC FORUM DECEMBER 16
- JANUARY

## REQUESTS FOR COMMITTEE

- RESPECT ALL VIEWS
- RESPECT COMMITTEE'S TIME
- RESPECT COMMITTEE'S VOICE
- SHARE INFORMATION HONESTLY AND
  WHEN THE COMMITTEE AGREES IT IS READY
- **KEEP AN OPEN MIND**
- DUNDERSTAND ROLES OF SUPERINTENDENT AND BOARD
- **ENJOY THE OPPORTUNITY**

#### **PARAMETERS**

- Consideration of Student Achievement
- Cost Effective
- Meet Standards of Quality for Academic Day
- Allows Participation in Athletics, Clubs, Work
- Consideration of Safety

## **BASICS TO KNOW**

#### **Current Schedule**

	Average Current School Hours	No. of School Hours	Range of Pickup Times	Average School Drop-Off Time
Elementary	9:00 - 3:30	6.50	7:45 - 8:08	8:30
Middle	7:40 - 2:25	6.75	6:25 - 7:00	7:15
High	7:50 - 2:35	6.75	6:25 - 7:00	7:25

#### **BASICS TO KNOW**

- 2 Tiered Bus Routes Elem./Secondary
- ▶ 90 Bus Routes -Most Close to Capacity
- Average Approx. 1 Hour to Complete 1st Run and Return for Second Run
- ▶ \$90,000 Approx. Cost of a New Bus

#### POSSIBLE SCHEDULES

**SURVEYS** 

**ADVANTAGES AND CONCERNS** 

RESEARCH